## 2025 SHREWSBURY PHONE POLICY

TIME	I CAN USE MY PHONE
07.15 -	GETTING READY
07:45	FOR THE DAY
13:15 -	AFTER LUNCH
14:00	CHILL OUT
21:15 -	GETTING READY
22:00	FOR BED





## I AM PHONE FREE

IN NO PHONE ZONES

IN LESSONS AND ACTIVITIES

WHEN I TRAVEL TO AND FROM SPORTS OPTIONS